



Gratitude |
11.05.23

START TALKING

- Who is the most grateful person you know? What are some examples of how that person shows gratitude?

START EXPLORING

Read 1 Thessalonians 5:16-18 and Philippians 4:6-7

- What do you think it means to pray “continually,” or to pray “without ceasing”?
- Would you consider these passages passive directives or commands?
- Is there a practical life discipline you can rely on to live out these verses?
 - If so, what?

START SHARING

- Is it difficult for you to express gratitude?
 - Why or why not?
- When has there been a time in your life when you have lived out Philippians 4:6-7 and have experienced the peace of God that transcends all understanding?
- Do you have a favorite scripture you rely on to help focus your thoughts towards gratitude?

Start Praying.

Go around your circle and have each person express gratitude by completing this prayer: “Lord, today I thank you for _____.”

Start Doing.

Join us in participating in the YouVersion Bible plan “The 14-Day Thankfulness Challenge.” Scan the QR code to select PWC as your church and start the plan!

