

START TALKING | (Find a conversation starter for your group)

Judgment free zone! Have you ever gotten into a physical fight?

Share briefly about a time when God's strength got you through something.

START EXPLORING | (Read the Bible)

Read Ephesians 6:10-12

- What were some of your initial thoughts about the spiritual war we are all faced with?
- Has your perspective changed any after hearing week one of this new series "Be Strong"?

START SHARING | (Choose a question to create openness)

• How are you doing standing against the schemes of the enemy?

Read 2Corinthians 10:3-5. The weapons God gives us have divine power.

- What are those weapons?
- How are you using them in your life?

Read Galatians 5:16-17. The macro spiritual war and the micro internal war are intertwined.

- How effective are you at denying your flesh and walking by the Spirit?
- Is there something in this season that the enemy has really been using against you?



Start Praying. (Be bold and pray with power)

"Jesus, thank you that you have already giving us the victory through your finished work on the cross. I understand now more than ever that there is still a fight and you are calling me to armor up and engage. Let your strength and power flow through me as I stand against the schemes of the devil. I WILL NOT let any attack of the enemy prevent me from being who you have called me to be and prevent me from having the impact you have called me to have on the earth. I am ALERT!!! I will be strong for your GLORY!!! In Jesus name, Amen."

Start Doing. (Commit to a step, and live it out this week)

- Identify what is in your flesh that the enemy is constantly using against you.
- Identify the environments and/or situations in which you are constantly being tempted.
- Identify how you will be fighting those battles going forward.