



## Hills and Valleys | What Are You Made Of? 07.24.22

### **START TALKING | (Find a conversation starter for your group)**

What is the best piece of news you have gotten to tell another person? What is the worst piece of information that you have had to share with an individual?

### **START EXPLORING | (Read the Bible)**

Read 1 Kings 17:7-24 and answer these questions:

1. What two requests did Elijah make of the widow at Zarephath? (vv. 10-11)
2. What step did Elijah ask the widow to take in faith? (v. 13)
3. What was God's promise to the widow? (v. 14)
4. What did the Lord do for Elijah, the widow, and her son? (vv. 15-16)
5. When Elijah took the son from his mother, what question did he have for God? (vv. 19-20)

### **START SHARING | (Choose a question to create openness)**

What was unusual about the ways God chose to provide for Elijah during the drought?

What kind of faith is required for living with just enough for each day and no more?

In what ways do you find it easy or difficult to obey God when you do not know what the outcome will be?

In what peculiar or spectacular ways is God meeting your needs today?

**More continued on back**



**Start Praying. (Be bold and pray with power)**

*“Heavenly Father, I want to grow in my surrender and obedience to You. I want to take you at your word — not to doubt, but to obey. I want the kind of faith that will lead me to be confident while going through the hills and valleys of life. In the name of Jesus, amen.”*

**Start Doing. (Commit to a step, and live it out this week)**

Identify an area of your life or decision where you believe God is calling you to be obedient. Track your decision and the outcome.