



Weight of Your Words | Criticism
04.16.23

START TALKING | (Find a conversation starter for your group)

What is the most meaningful compliment you have RECENTLY received?

START EXPLORING | (Read the Bible)

Read James 3:3-12 and Ephesians 4:29.

- Can you think of an example how the tongue has completely steered a situation? How the choice of words took something off course?
- Give an example of what you think “unwholesome talk” means in Ephesians 4:29

START SHARING | (Choose a question to create openness)

- How good are you at controlling your speech?
- What would you like to change about it?

Start Praying. (Be bold and pray with power)

Dear Heavenly Father, please align my heart with Yours. Help me to be closer to you so that my speech reflects who You are. Help me to honor You with my words and to speak life into the people around me. Help me to be more like Jesus every day. In Jesus' name I pray, amen.

Start Doing. (Commit to a step, and live it out this week)

Give your spouse/closest friend a meaningful compliment every day this week.