

You Get Me | Sexuality 01.22.23

## START TALKING | (Find a conversation starter for your group)

Whew! Another tough topic -- first politics, then race, and now sexuality... How are you doing as a group processing all this content? How have your conversations been going in your group? Any follow up needed? Clarifications? Any forgiveness to be extended?

To get things started, in your opinion, why is sexuality such a hot topic in our culture today?

# START EXPLORING | (Read the Bible)

Read Hebrews 4:15.

- If Jesus had been tempted in EVERY WAY just as we are, yet did not sin, what does that mean to you?
  - How does this comfort, challenge, or convict you?

### START SHARING | (Choose a question to create openness)

- Regarding the area of sexual sin, is it more difficult for you to speak the truth or to love people where they are at?
  - What can you do to better align yourself with Christ to have unconditional love for someone without approving of the behavior?
- Did Sunday's message change any of your perspectives?
- Any points or thoughts from the message that you want to share and process as a group?

## Start Praying. (Be bold and pray with power)

"Jesus, thank you for getting us. Getting me. Help heal my sexuality in any area where there is sin. I repent and renounce that sin. Give me a 'holy hatred' for that specific sin. Now give me grace to move forward in finding freedom and grace to see every person as an image-bearer of You—worthy of love, dignity, and respect. In your name, amen!"



Start Doing. (Commit to a step, and live it out this week) Check out the below resources.

#### **RESOURCES:**

Podcast: Therapy and Theology S2 E4 | Can we Talk about the Porn-demic?

Podcast: The Alicia Childers Podcast #148 | Side B Christianity and the Revoice Conference

Podcast: Table Talk Gender Dysphoria

Ministry: Marriage Mentors: pathwayschurch.us/care

Ministry: Freedom Fighters: christtherock.org/recovery-groups/

Book: Holy Sexuality and The Gospel (Christopher Yuan)